

Retirement by the Numbers



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Retirement by The Numbers is comprehensive view into the trends and data driving potential DC participant outcomes across both the accumulation and the decumulation journeys. This year's findings draw from:

- 20 years researching and tracking participant saving and withdrawal patterns
- 9 years researching and tracking retirement household spending patterns
- 26 years of insights from long-term capital market assumptions that help apply realistic investment expectations to portfolio modeling

During this presentation, you will see the key numbers behind real-world investment and spending behavior patterns, and their implications for the TDF design and drawdown strategy that help position more participants for potential retirement funding success. Providing advisors, plan sponsors and consultants with the insights and tools to help build stronger retirement plans.

Lynn Avitabile, Managing Director, is an investment specialist within Multi-Asset Solutions, based in New York. She focuses on our Target Date Fund solutions and leads our educational efforts on that topic. An employee since 1984, Lynn spent 20 years within Human Resources. She headed Human Resources for J.P. Morgan Global Investment Management and served as a member of the investment company's senior leadership group for six years prior to joining Multi-Asset Solutions. Lynn earned a Bachelor of Science in Occupational Therapy from Quinnipiac College and an MBA from Duke University. She is Series 7, 63 and 3 licensed.